

Name .....

Index No.....

School .....

Candidate's Signature .....

Date .....

101/2

ENGLISH

(Comprehension, Literary Appreciation  
and Grammar)

PAPER 2

JULY/AUGUST

2 ½ HOURS

## MASINGA DISTRICT JOINT EVALUATION TEST - 2011

*Kenya Certificate of Secondary Education (K.C.S.E)*

101/2

ENGLISH

(Comprehension, Literary Appreciation  
and Grammar)

PAPER 2

JULY/AUGUST

2 ½ HOURS

### INSTRUCTIONS TO CANDIDATES

- Write your name and index number in the spaces provided above.
- Answer **ALL** the questions in this question paper.
- All the answer **Must** be written in the spaces provided in this question paper

### FOR EXAMINERS USE ONLY

QUESTION	MAXIMUM SCORE	CANDIDATE'S SCORE
1	20	
2	25	
3	20	
4	15	
<b>TOTAL SCORE</b>	<b>80</b>	

*This paper consists of 10 printed pages.*

*Candidates should check to ensure that all pages are printed as indicated and no questions are missing*

**1. Read the passage below and then answer the questions that follow.****(20 Marks)**

You may think that expecting food to change your life is too much to ask. But have you considered that eating the right food at the right time will increase your energy, help you manage weight and ward off major illnesses?

Researchers have found that eating a meal with plenty of protein leaves you feeling more satisfied for longer when compared to a meal loaded with low-quality carbohydrates. Your body takes longer to digest leading to gradual increase in blood sugar. The high protein breakfast will therefore carry you through the morning and more importantly, through your tea break. Many high carbohydrate meals are absorbed quickly and send blood sugar on a roller coaster ride, taking your appetite with it and depleting your energy.

Many foods contain antioxidants, but fruits and vegetables may be the richest source. Behaving like chemical warriors, antioxidants neutralize molecules known as free radicals before they damage arteries and body cells. This protects you from heart diseases, high blood pressure, cancer and diabetes. You can now see why antioxidant foods should be consumed in generous portions.

Actually, forget pills-antioxidants work best when consumed in foods. In fact, nutritionists recommend that we eat five portions of fruit and vegetables a day. It's less daunting than it sounds; a portion equals a piece of fruit, three tablespoons of cooked vegetables or a glass of fresh juice.

And you desire to relief yourself of some baggage? Calcium is the latest weight-loss star to appear on the scene. Scientists stumbled on its magic by accident. From a study that measured the blood pressure of obese people, it was discovered that those who took one large tub of yoghurt a day in their diet lost an average of eleven pounds of body fat in one year, even though they did not eat less.

A follow-up study found that people on a high calcium diet lost more weight and fat than did people on a low-calcium diet and again both consumed the same number of calories. Researchers believe calcium encourages fat cells to stop "getting fatter". Instead, the cells burn extra fat without you having to go anywhere near a gymnasium.

It probably sounds strange to say that you can eat more in order to lose weight. Obviously, the question you should ask immediately is "Eat more of what?" we are talking about foods rich in fibre. They have what is referred to as low-energy density, that translates to few calories relative weight. This means that you can down a mountain without fear of calorie overload.

Fibre also aids weight loss because it's filling. Most high fibre foods take a lot of chewing, triggering your body's fullness sensors. Moreover, you absorb the food more slowly so you feel full longer

Will the wonders of food ever cease? Not if researchers in nutrition keep their pace. Let them keep the goodnews flowing-such as the fact that we don't have to starve ourselves to lose weight and keep diseases at bay. *(Adapted from reader's digest January 2004)*

**Questions**

- a) From the information given in first paragraph, how can you improve your life? (1 Mark)  
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- b) In not more than 35 words, summarise the effects of eating carbohydrates. (4 Marks)  
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- c) Explain how free radicals contribute to the occurrence of high blood pressure and cancer. (2 Marks)  
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- d) In what two forms can antioxidants be consumed? (2 Marks)  
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- e) "In fact, nutritionists recommend that we eat five portions of fruit and vegetable a day." Rewrite the sentence above as a question without changing the meaning, Beginning: Don't ..... (1 Mark)  
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- f) What is the attitude of the author towards calcium as a weight cutting measure? (3 Marks)  
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- g) According to the passage, how can you use up excess fat? (2 Marks)  
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- h) Identify an instance of irony in the passage (2 Marks)  
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.....
- i) Explain the meaning of the following expressions as used in the passage. (3 Marks)
  - i) Daunting  
.....
  - ii) Baggage  
.....
  - iii) Down a mountain  
.....

2. Read this excerpt and answer the questions that follow.

(25 Marks)

- PETER STOCKMANN: By the way, Hovstad was telling me he was going to print another of your articles.
- DR. STOCKMANN: One of my articles?
- PETER STOCKMANN: Yes about the Baths. An article you apparently wrote during the winter.
- DR. STOCKMANN: Oh, that one! No, I wouldn't want that one to appear now.
- PETER STOCKMANN: Why not? I should have thought that this would be the most opportune moment.
- DR. STOCKMANN: Yes, very - likely under normal conditions.  
*(Crosses the room)*
- PETER STOCKMANN: *(following him with his eyes)*: Is there anything extraordinary about the present conditions?
- DR. STOCKMANN: *(standing still)*: To tell you the truth, Peter I can't tell you at this moment at least not tonight. There may be much that is very abnormal about the present conditions-and there may be nothing extraordinary about them at all. It might very well be just my imagination.
- PETER STOCKMANN: I must say it all sounds most mysterious. Is there something going on that I am not supposed to know? I should have imagined that I, as chairman of the governing body of the Baths....
- DR. STOCKMANN: And I have imagined that I... oh, come don't let us fly off the handle at one another, Peter.
- PETER STOCKMANN: Heaven forbid! I am not in the habit of flying off the handle, as you call it. But I am entitled to request most emphatically that all arrangements shall be made in a businesslike manner, through the proper channels, and shall be dealt with by the proper authorities. I can allow no dubious or **underhand** methods.
- DR. STOCKMANN: Have I ever at any time used dubious or underhand methods?
- PETER STOCKMANN: You have an ingrained tendency to take things into your own hands, at least; and, that is almost equally inadmissible in a well-ordered community. The individual ought undoubtedly to **subordinate** himself or herself to the community – or, to be more accurate, to the authorities who have the care of the community's welfare.
- DR. STOCKMANN: Very likely. But what the devil has all this got to do with me?
- PETER STOCKMANN: That is exactly what you never seem to learn, my dear Thomas. But, mark my words, some day you will have to suffer for it-sooner or later. Now I have told you Goodbye.
- DR. STOCKMANN: Have you gone mad? You are on the wrong track altogether.
- PETER STOCKMANN: I am not in the habit of doing that. You must excuse me now if I – *(calling into the dining-room.)* Good night Katherine. Good night, gentlemen. *(Goes out)*
- MRS. STOCKMANN: *(coming from the dining-room)*: Has he gone, Thomas?
- DR. STOCKMANN: Yes, and in such a bad temper.
- MRS. STOCKMANN: But dear Thomas, what have you been saying to him this time?
- DR. STOCKMANN: Nothing at all. And anyhow, he can't **oblige** me to make my report every five minutes about things I'm not even certain of myself!
- MRS. STOCKMANN: What have you got to make a report to him about?
- DR. STOCKMANN: Hm! Leave that to me, Katherine....I wonder what's happened to that postman – he's usually here by this time....!

1. Why is Dr. Stockmann uncomfortable with Hovstad printing the winter article? (2 Marks)

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2. Identify and illustrate two character traits of Peter Stockman from this excerpt. (4 Marks)

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3. Dr. Stockmann is anxiously waiting for the postman. Why? (3 Marks)

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4. What happens immediately after this excerpt? (2 Marks)

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5. "...mark any words, some day you have to suffer for it - sooner or later...." Why did Dr. Stockmann have to suffer and how did he suffer? Give your answer in note form. (4 Marks)

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6. According to Peter Stockmann why do you think it is the most opportune time to print the article? (2 Marks)

7. "...that is exactly what you never seem to learn my dear Thomas..." what is it that Thomas has not learnt? (2 Marks)

8. What does stockman mean when he says, "...don't let us fly off the handle at one another..." (2 Marks)

9. What is the meaning of the following words as used in the excerpt? (3 Marks)

i) Underhand

ii) Subordinate

iii) Oblige

3. Read the passage below and answer the questions that follow. (20 Marks)

**Hare and the Hyena**

One day, a long time ago when there was a famine in a certain part of Africa, Hare met Hyena.

"How thin you are looking," said Hare.

"You look as though you would not say 'no' to a good meal either," replied Hyena.

The two animals continued on the road together until they came to a farmer, who was grumbling because all his servants had left him.

"We'll work for you if you will feed us," suggested Hare.

The farmer willingly agreed, and, giving the two animals a pot of beans to cook, showed them the part of his farm where to weed.

First they made a fire, and fetching three large stones, they rested the pot on them to cook their meal while they set to work. When the sun was high in the sky and it was time for the mid-day rest, Hyena told Hare to keep an eye on the cooking-pot while he himself went down to the river to wash.

Hare sat by the pot, stirring it with a stick and longing to begin his meal, while Hyena, as soon as he was out of sight of Hare, stripped off his skin. He looked the most horrible spectacle, and ran back to Hare uttering strange cries. Poor Hare was terrified.

"Help!Help!"Hare squealed, as he ran for his life. "Never have I seen such a terrible creature! It must be very bad juju."

Hyena quickly sat down and ate all the food, which was scarcely enough for one in any case, and then he went back to the river, found his skin and put it on again. He strolled slowly up the bank to the place where the cooking pot stood, and found Hare returning cautiously.

“O Hyena!” gasped Hare “Did you see it too?”

“See what?” asked the deceitful animal.

“That terrible demon,” explained Hare.

“I saw nothing. But come, let us now eat,” said Hyena calmly, as he walked towards the cooking pot and looked inside it.

“Where is it? Where is my food? What happened to it?” cried Hyena, pretending to be in a fine range.

Hare looked at the empty pot.

“It was that terrible demon,” he explained. “It frightened me away so that it could eat our food.”

“Rubbish! You ate it yourself while I was washing at the river!” shouted Hyena, and no amount of protestations by poor Hare had any effect.

“Well,” said Hare. “I know what I shall do. I shall make a fine bow and arrow and if the creature comes again, I shall shoot it.”

The next day the farmer again gave them a pot of beans, but instead of working while it cooked, Hare took a supple branch and began to make himself a bow.

The cunning Hyena watched him as he shaped the wood with his knife, and when it was almost finished, he said: “Give me your bow, Hare. My father taught me a special way of cutting bows to make them better than any others. I’ll finish that for you.”

The unsuspecting Hare gave up his bow and knife and Hyena began cutting it in a special way, making it so weak in one place that it was bound to break as soon as it was used.

“There you are! Keep this beside you while I go and wash, in case the creature comes again,” said Hyena, as he bounded off to the river, to remove his skin once more.

Hare, waiting beside the pot of food, was just considering whether he could take a mouthful, so great was his hunger, when once again the most repulsive looking animal he had ever seen bounded towards him. Seizing his bow, he put an arrow in it and pulled. Snap! It broke in his hands, and as the horrible creature came closer and closer, Hare fled.

So of course, Hyena had all the food once more, and then went back to the river to put on his skin. He returned to accuse Hare of stealing the beans. Hare denied having even had a taste of food, but looking closely at Hyena he thought he saw a little piece of bean stuck in his teeth as he spoke.

“Aha!” Said Hare to himself. “If that’s the way it is, I shall be ready for you tomorrow, my friend.”

That night when Hyena was sleeping, Hare made another bow. It was a good strong bow with no weak spot at all, and had three sharp arrows to go with it. Hare, feeling ravenous by now, crept to the pot where they cooked their food, hid the bow and arrows in some nearby long grass and, returning to find Hyena still asleep, lay down close.

The next day, everything happened as Hare had expected. The two animals worked hard all the morning while the cooking pot boiled nearby, and at mid-day, Hyena went to the river to wash.

Hare waited, his new bow in his hand. Presently, the loath-some-looking creature came towards him. He raised bow and shot. Straight into creature’s heart went the arrow and Hyena fell dead on the ground. Hare bent over the body and was not surprised when he saw it really was Hyena.

“Well,” he remarked as he ate the first good meal he had had for days, “My mother always told me that greed did not pay, and now I know she was right.”

a) What common need brought Hare and Hyena together? (1 Mark)

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b) What deal did the farmer and the animals strike? (2 Marks)

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c) Explain one character trait of the farmer. (2 Marks)

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d) Using illustrations describe Hyena’s character. (2 Marks)

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e) Identify and explain two examples of sarcasm used in the story. (4 Marks)

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f) What is ironical about Hyena’s offer to cut the bow for Hare? (4 Marks)

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g) What is the meaning of the following words as used in the passage (3 Marks)

i) Juju

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ii) Fine

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iii) Ravenous

h) “Help! Help!” Hare squealed. “Never have I seen such a terrible creature.” Change into reported speech. (2 Marks)

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**4. GRAMMAR** (15 Marks)

a) Complete the following sentences with the correct form of the verbs in bracket. (3 Marks)

- i) A concerted effort from all stakeholders ..... needed for good parenting. (be)
- ii) The tout .....the luggage amid protests. (fling)
- iii) The counselors have .....an extensive healing programme.(begin)

b) Replace the underlined words with one word. (2 Marks)

- i) The children kept on breaking in on our conversation.  
.....
- ii) That building has really eaten into my savings.  
.....

c) Replace the underlined words with appropriate phrasal verbs. (2 Marks)

- i) He became unconscious after the accident.  
.....
- ii) Jane rejected my invitation for lunch.  
.....
- iii) The boy stole the money last evening.  
.....

d) Rewrite the following sentences according to the instructions given after each. Do not change the meaning of the sentences. (2 Marks)

- i) He dared the boy last week ..... (Complete with an appropriate question tag.)
- ii) He works hard..... (Add an appropriate question tag.)

e) Rewrite the sentences below filling the blank spaces with the given adjectives in their correct order. (2 Marks)

- i) I am intending to use a.....oil.  
(colourless, olive, cooking, a little)
- ii) You can use this.....umbrella. (Imported, enormous, blue, fancy)

f) Rewrite the following sentences according to the instructions given after each. (3 Marks)

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i) Nyambura was very beautiful and Waiyaki could not help admiring her. (Begin.....so.....)

.....  
.....

ii) This novel is far better than the one I read last week.

(Re-write using the word 'superior')

.....  
.....

iii) Mumo arrived at the airport just .....time to catch the plane. (Fill in the blank space with the correct preposition.

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