

NAME.....ADM.NO.....CLASS.....

KAMUKUNJI DISTRICT KCSE EVALUATION TEST 2014

FOOD AND NUTRITION PRACTICAL

PAPER 3 (PRACTICAL)

END TERM TWO 2014

FORM 4

TIME: 1 ¼ HOURS

PLANNING SESSION 30 MINUTES

PRACTICAL SESSION 1 ¼ HOURS

Instructions to candidates

1. Read the test carefully.
2. Write your name and number on every sheet of paper used.
3. Textbooks and recipes may be used during the planning session as reference materials.
4. You will be expected to keep your order of work during the practical session.
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session.

THE TEST

Your mother is suffering from malaria and your aunt is coming for a night's visit. Using the ingredients listed below, prepare, cook and present a suitable one course meal and a nutritious drink for supper for the three of you.

Ingredients

Beef/liver
Potatoes/rice
Green leafy vegetables
Fat/oil
Salt
Onions
Sugar
Tomatoes
Fruit in season
Carrots
Dhania

PLANNING SESSION – 30 minutes

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows;

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of the food stuffs and equipment you will require.

MARKING SCHEME HOME SCIENCE PRACTICAL

Candidate's name _____ Index No. _____

	AREAS OF ASSESSMENT	MAX SCORE	SCORE	REMARKS
1.	<u>PLAN</u> a) Recipe - availability - correct quantities - suitability of menu b) Order of work - availability - correct sequencing c) List of food stuffs and equipment - availability - adequacy - appropriateness	 1 2 2 1 1 1 1 1		
		10		
2.	<u>PREPARATION</u> a) Correct procedure meal 1 drink b) Methods of cooking at least 2 c) Quality of results meal 1 drink	 3 3 2 1 1		
		10		
3.	<u>PRESENTATION</u> a) Utensils - appropriate - clean - centre piece - garnishes - general impression	 1 1 1 1 1		
		5		
4.	<u>GENERALLY</u> a) hygiene personal $\frac{1}{2}$ and food $\frac{1}{2}$ b) economy of resources water $\frac{1}{2}$ food $\frac{1}{2}$ fuel $\frac{1}{2}$ material $\frac{1}{2}$ c) clearing up during work after work	 1 2 1 1		
		5		
	TOTAL	30		

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