**441/ 3**

**HOMESCIENCE**

**(FOODS AND NUTRITION)**

**PAPER 3**

**PRACTICAL**

JULY/AUGUST, 2015

**TIME: 1¾ HOURS**

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HOMESCIENCE

(FOODS AND NUTRITION)

PAPER 3

PRACTICAL

TIME: 1¾ HOURS

**INSTRUCTIONS TO CANDIDATES**

**PLANNING SESSION: 30 MINUTES**

**PRACTICAL TEST SESSION: 1¼ HRS**

1. Read the test carefully
2. Write your name, school, index number, signature and date on every sheet of paper used.
3. You are advised to spend 30 minutes to come up with a plan of work which will be used for the practical.
4. Textbooks and recipes may be used during the planning session as reference materials.
5. You will be expected to keep to your order of work during the practical session.
6. At the end of planning session the two copies of plan are to be handed over to the supervisor. The question paper and the plan of will be handed back to you at the beginning of practical test session
7. You are **allowed** to take away your reference materials at the end of the planning session.
8. You are **not** allowed to bring **additional notes** to the practical session.

**This paper consists of 12 printed pages.**

**Candidates should check to ensure that all pages are printed as indicated and no questions are missing.**

**THE TEST**

Your young brother intends to have his birthday celebration during a picnic organized by your parents over the holiday. You are requested to assist in preparation of some snacks and food items that would go alongside a ready – made birthday cake to be bought. Using the ingredients listed below, prepare, cook and present suitable food items to include a fruit salad for the occasion.

**INGREDIENTS**

* Wheat flour
* Bread
* Minced beef
* Egg
* Lettuce
* Tomatoes
* Onions
* Leeks
* Carrots
* Pepper
* Capsicum (Hohos)
* Fruit in season
* Salt
* Sugar
* Salad dressing
* Spices
* Fat/oil

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Index No. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Candidate’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**FOODS AND NUTRITION**

**Paper 3**

**PRACTICAL**

**JULY/AUGUST, 2015**

**Time: 1¾ hours**

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**Candidate’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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