

441/3

HOME SCIENCE

(FOOD AND NUTRITION PRACTICAL)

PAPER 3

TIME: 1 ¼ HOURS

4MCK FORM FOUR JOINT EXAMINATION

Kenya Certificate of Secondary Education (K.C.S.E.)

Home Science

Paper 3

PLANNING SESSION: 30 MINUTES

PRACTICAL TEST SESSION: 1¹/₄ HOURS

INSTRUCTIONS TO CANDIDATES

Read the test carefully.

- Write your name and index number on every sheet of paper used.
- Text books and recipes may be used during the planning session as reference materials.
- You will be expected to keep to your order of work during the practical session
- You are only allowed to take away your reference materials at the end of the planning session.
- You are not allowed to bring additional notes to the practical session.

THE TEST

You intend to throw a party for your mother on her 50th birthday.

Using **all** the ingredients listed below, prepare, cook and present a suitable two dish meal for her and her two friends.

Include a stimulating drink.

Ingredients

- salt
- beef/chicken
- fat/oil
- garlic
- rice
- onions
- ginger
- pilau mix
- milk
- sugar
- tea leaves
- peas/French beans
- carrots.

PLANNING SESSION – 30 Minutes

For each task listed below, use separate piece of paper and make duplicate copies using carbon paper then proceed as follows:

1. Identify the dishes and write down the recipes:
2. Write down your order of work.
3. Make a list of foodstuff and equipment you will require.