**NAME INDEX NO**

**CLASS DATE SIGN**

**HOMESCIENCE**

**PAPER 3**

**441/3**

**FOODS AND NUTRITION**

**DECEMBER 2021**

MECS CLUSTER JOINT EXAMINATION

**FORM FOUR END OF TERM TWO 2021**

**Kenya Certificate of Secondary Education (KCSE)**

PLANNING SESSION: 30 minutes

PRACTICAL TEST SESSION: 1¾ hours

**Instructions to candidates**

1. ***Read the test carefully.***
2. ***Write your name and index number on every sheet of paper used.***
3. ***Text books and recipe books may be used during the planning session as reference materials.***
4. ***You will be expected to keep to your order of work during the practical session.***
5. ***You are only allowed to take away your reference materials at the end of the planning session.***
6. ***You are NOT allowed to bring additional notes to the practical session.***

**THE TEST**

Your elderly aunt visited your home and will spend the evening in your home then leave for the hospital in the morning. Using the ingredients listed below, prepare, cook and serve: A one-course dinner for two, include a stimulating drink.

**Ingredients**

Maize meal/Irish potatoes

Chicken/minced beef

Cabbage

Milk

Tea leaves

Onions

Tomatoes

Green pepper

Dhania

Cooking oil/fat

Salt

Sugar

**PLANNING SESSION – 30 MINUTES**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

 Then proceed as follows.

1. Identify the food items and write down their recipes.
2. Write down your order of work
3. Make a list of food stuffs, materials and equipment you will require