ASUMBI GIRLS HIGH SCHOOL

PRE-MOCK

MAY-JUNE

2022

**HOMESCIENCE**

**PAPER 3 FOOD AND NUTRITION**

**MARKING SCHEME**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | AREAS OF ASSESSMENT | MAXIMUM SCORE | ACTUAL SCORE | REMARKS |
| 1 | PLAN  Recipes   * Availability (4x ½ ) * Correct quantity (4x ½ ) for two) * Appropriate   Order of work   * Availability * Proper sequencing   List of foodstuffs   * Availability * Adequacy (for two) * Appropriate   List of equipment   * Availability * Adequacy * appropriate | 2  2  2  1  1  1  2  2  1  1  1 |  |  |
|  | Sub total | 16 |  |  |
| 2 | PREPARATION AND COOKING  Correct procedure for preparation   * item 1 protein * item II carbo * item III veg * item IV dessert   Correct procedure for cooking   * Item I pro * Item II carb * Item III veg * Item IV dessert * Methods of cooking (at least two)   Quality of results (colour, texture taste consistency)   * item 1 pro * item II carb * item III veg * item IV dessert | 1  1  1  1  1  1  1  1  2  1  1  1  1 |  |  |
|  | Sub total | 14 |  |  |
| 3 | PRESENTATION  Utensils   * appropriate * clean   Table layout   * Clean, ironed well laid table cloth * Centre piece (appropriate size and placement) * Correct set up cutlery and glassware (1) and at the right position (1) * Accompaniments (salt/pepper shakers)   Hygiene   * Food hygiene – during preparation and cooking ( ½ ) * Kitchen hygiene – during preparation ( ½ ) service ( ½ ) * Personal hygiene – in handling food ( ½ ) and grooming ( ½ ) | 1  1  2  2  2  1  1  1  1 |  |  |
|  | Sub total12 |  |  |  |
|  | ECONOMY OF RESOURCES   * Water – no running taps ( ½ ) no misuse of water ( ½ )   Food   * No excess food peelings ( ½ ) * All ordered food used ( ½ )   Materials   * Used for right purpose ( ½ ) * No wastage ( ½ )   Fuel   * Switched off after use ( ½ ) * Simmering when necessary/use correct size of pan ( ½ ) | 1  1  1  1 |  |  |
|  | Sub total | 4 |  |  |
|  | CLEARING UP   * During work * After work | 2  2 |  |  |
|  | SUB TOTAL | 4 |  |  |
|  | GRAND TOTAL | 50 |  |  |
|  | FINAL WORK = ACTUAL SCORE  2 | | | |

* Two course meal for a sister and you
* Fruit salad
* Minced meat stew/stewed liver
* Boiled rice/mashed potatoes
* Steamed leafy vegetables