ASUMBI GIRLS HIGH SCHOOL

 PRE-MOCK

MAY-JUNE

 2022

**HOMESCIENCE**

**PAPER 3 FOOD AND NUTRITION**

**MARKING SCHEME**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | AREAS OF ASSESSMENT | MAXIMUM SCORE | ACTUAL SCORE | REMARKS |
| 1 | PLAN Recipes* Availability (4x ½ )
* Correct quantity (4x ½ ) for two)
* Appropriate

Order of work* Availability
* Proper sequencing

List of foodstuffs* Availability
* Adequacy (for two)
* Appropriate

List of equipment* Availability
* Adequacy
* appropriate
 | 22211122111 |  |  |
|  | Sub total | 16 |  |  |
| 2 | PREPARATION AND COOKINGCorrect procedure for preparation* item 1 protein
* item II carbo
* item III veg
* item IV dessert

Correct procedure for cooking* Item I pro
* Item II carb
* Item III veg
* Item IV dessert
* Methods of cooking (at least two)

Quality of results (colour, texture taste consistency)* item 1 pro
* item II carb
* item III veg
* item IV dessert
 | 1111111121111 |  |  |
|  | Sub total | 14 |  |  |
| 3 | PRESENTATIONUtensils* appropriate
* clean

Table layout* Clean, ironed well laid table cloth
* Centre piece (appropriate size and placement)
* Correct set up cutlery and glassware (1) and at the right position (1)
* Accompaniments (salt/pepper shakers)

Hygiene * Food hygiene – during preparation and cooking ( ½ )
* Kitchen hygiene – during preparation ( ½ ) service ( ½ )
* Personal hygiene – in handling food ( ½ ) and grooming ( ½ )
 | 112221111 |  |  |
|  | Sub total12 |  |  |  |
|  | ECONOMY OF RESOURCES* Water – no running taps ( ½ ) no misuse of water ( ½ )

Food * No excess food peelings ( ½ )
* All ordered food used ( ½ )

Materials* Used for right purpose ( ½ )
* No wastage ( ½ )

Fuel * Switched off after use ( ½ )
* Simmering when necessary/use correct size of pan ( ½ )
 | 1111 |  |  |
|  | Sub total | 4 |  |  |
|  | CLEARING UP* During work
* After work
 | 22 |  |  |
|  | SUB TOTAL | 4 |  |  |
|  | GRAND TOTAL | 50 |  |  |
|  | FINAL WORK = ACTUAL SCORE 2 |

* Two course meal for a sister and you
* Fruit salad
* Minced meat stew/stewed liver
* Boiled rice/mashed potatoes
* Steamed leafy vegetables