

441/3
HOMESCIENCE
(FOOD AND NUTRITION PRACTICAL)
PAPER 3
JULY/ AUGUST. 2011
TIME: 1 ¾ HOURS

NYAMIRA DISTRICT JOINT EVALUATION TEST

Kenya Certificate of Secondary Education (K.C.S.E)

Home science
Paper 3

INSTRUCTION TO CANDIDATES.

PLANNING SESSION ; 30 MINUTES

PRACTICAL TEST SESSION; 1 ¼ HOURS

INSTRUCTION TO CANDIDATES

- Read the test carefully
- Write your name and index number on every sheet of paper used.
- Text books and recipes may be used during the planning session as reference materials.
- You will be expected to keep to your order of work during the practical session.
- You are only allowed to take away your reference materials at the end of the planning session.
- You are not allowed to bring additional notes to the practical session

THE TEST.

Your Home science exhibit has qualified for this years science congress national festivals at Nairobi.

Using the ingredients listed below, plan, prepare a three (3) item packed lunch for the two of you.

INGREDIENTS.

1. Wheat flour/spaghetti, Irish potatoes.
2. Green peas/Meat/Sausages
3. Pawpaw
4. Sweet Bananas
5. Pineapples
6. Passion/Oranges
7. Cooking oil/fat
8. Salt
9. Tomatoes
10. Onions
11. Fresh Dhania
12. Sugar.

PLANNING SESSION.

Use separate sheets of paper for each task listed below and carbon papers to make duplicate copies. Then proceed as follows.

1. Identify the dishes and write their recipes.
2. Write down your order of work.
3. Make a list of food stuffs and equipment you will require.