Instructions to candidates

1. Write your name and index number in the spaces provided above.
2. Sign and write the date of examination in the spaces provided above.
3. This paper consists of three sections: A, B and C.
4. Answer all the questions in section A and B and any two questions from section C.
5. Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

For Examiner’s use only

<table>
<thead>
<tr>
<th>Section</th>
<th>Questions</th>
<th>Maximum Score</th>
<th>Candidate’s Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1 - 27</td>
<td>40</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>28</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>20</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>Total Score</td>
<td>100</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Section A (40 marks)

Answer all questions in this section in the spaces provided

1. State four points to observe when using make-ups. (2 marks)

2. What do you understand by free-drainage? (1 mark)

3. Give four methods of wood finishings. (2 marks)

4. List four methods of preserving fruits other than jam-making. (2 marks)

5. Define the term standardization. (1 mark)

6. List two points to note when choosing pulses. (1 mark)

7. What do you understand by a budget? (1 mark)

8. Give another name of the following food nutrient. (2 marks)

(a) Cyanocobalamin
(b) Phylloquinone

(c) Tocopherols

9. Give two advantages of using sodium bicarbonate in cooking of green leafy vegetables. (1 mark)

10. Give three ways in which left over foods can be made appetizing. (1 ½ marks)

11. Name any two agents used for coating food during deep frying. (1 mark)

12. A deficiency disease characterized by swelling of the thyroid gland, situated at lower front part of the neck. Name the disease and the nutrient involved (2 marks)

13. Give two ways of reducing bulk in seams. (1 mark)

14. Give three reasons why steaming method is suitable for cooking meals for invalids. (1 ½ marks)

15. State three considerations to make when choosing cleaning agents. (1 ½ marks)
16. Give two qualities of a good advertisement. (1 mark)

17. Apart from vaccines, there are other ways through which a baby gets protection against infections. Name two ways. (1 mark)

18. What is a gusset? (1 mark)

19. State four symptoms that may require the attention of a doctor when caring for the sick at home. (2 marks)

20. Explain the following terms as used in textiles. (2 marks)
   (a) Felting
   (b) Fray
   (c) Puckering
(d) Quilt


21. Mention two signs of scabies. (1mark)


22. Give two ways of ensuring that tucks are well made. (1mark)


23. List four limitations of linen fabrics. (2marks)


24. State two main uses of shades as used at home. (1mark)


25. Mention two differences between wool and acrylic fibres. (2marks)


26. Give four ways in which a home maker can prevent time wastage in the kitchen. (2marks)


27. Outline three points to consider when selecting lighting fixtures. (1 ½ marks)
SECTION B (20marks) (compulsory)

Answer this question in the space provided below.

28. You are required to do housework and take care of your younger sister.

   (a) Describe the procedure of laundering your sister’s blouse with a tear on the sleeve
       and a blood stain. (10marks)

   (b) Give the procedure of how you will thoroughly clean a painted wall. (5marks)

   (c) Clean a water glass with milk stain. (5marks)
SECTION C (40 marks)

Answer Two questions only in this section in the spaces provided at the end of this section.

29. (a) Describe how to prepare a Peterpan collar ready for attaching to the neckline. (10 marks)

(b) Explain three factors that have lead to growth and use of convenience foods in Kenya today. (6 marks)

(c) Mention four points to remember when storing grains. (4 marks)

30. (a) Giving reasons, explain why most nutrients are stepped up during pregnancy. (10 marks)

(b) Describe changes that take place when cooking ugali using maize flour. (6 marks)

(c) Name four objectives of First Aid. (4 marks)

31. (a) Giving examples explain three colour schemes that can be used when decorating a house. (6 marks)

(b) State five precautions to take when using biogas. (5 marks)

(c) State four problems Related to food products a consumer should report to the Kenya Bureau of Standards. (K.E.B.S) (5 marks)

(d) List four reasons why curtains should be lined. (4 mks)