

441/3

HOMESCIENCE

FOODS AND NUTRITION

PAPER 3 (PRACTICAL)

JULY/ AUGUST 2013

Time: $1\frac{3}{4}$ hours

LENOCET EVALUATION TEST
KENYA CERTIFICATE OF SECONDARY EDUCATION

HOMESCIENCE

FOODS AND NUTRITION

PAPER 3 (PRACTICAL)

Time: $1\frac{3}{4}$ hours

PLANNING SESSION: 30 Minutes

PRACTICAL TEST SESSION: $1\frac{1}{4}$ Hours

INSTRUCTIONS TO CANDIDATES

Read the test carefully

- (a) Write your Name and Index Number on every sheet of paper used
- (b) Text books and recipes may be used during the planning session as reference materials.
- (c) You will be expected to keep to your order of work during the practical session
- (d) You are only allowed to take away **ONLY** your reference materials at the end of the planning session
- (e) You are **NOT** allowed to bring additional notes to the practical session.

THE TEST

You are at home with your two cousins for the holiday. Using the ingredients listed below, prepare, cook and present a dessert and two tea items for yourselves.

Ingredients

- (a) Margarine
- (b) Fruits in season.
- (c) Bread
- (d) Self - raising flour
- (e) Eggs
- (f) Sugar
- (g) Oil / fat
- (h) Tomatoes
- (i) Milk

PLANNING SESSION: 30 Minutes.

Use separate sheets of paper for each task listed below and use carbon paper to make duplicate copies then proceed as follows;

- (i) Identify the dessert and the tea items, then write down their recipes.
- (ii) Write down your order of work.
- (iii) Make a list of foodstuffs, materials and equipment you will require.