KIHARU/KAHURO DISTRICT JOINT EXAMINATION – 2013

Kenya Certificate of Secondary Education
FOODS AND NUTRITION
PAPER 3
(PRACTICAL)
1¾ HOURS

PLANNING SESSION: 30 MINUTES
PRACTICAL TEST SESSION: 1¼ HOURS

INSTRUCTIONS TO CANDIDATE’S:

1. Read the test carefully.
2. Write your name and index number on every sheet of paper used.
3. Text books and recipes may be used during the Planning Session as reference materials.
4. You are expected to keep to your order of work during the Practical Session.
5. You are only allowed to take away your reference materials at the end of the Planning Session.
6. You are not allowed to bring additional notes to the Practical Session.
THE TEST:

Your are taking care of your sick Aunt who is recupurating at home. Using the ingredients listed below, plan, prepare and present on a tray a two course breakfast for the two of you.

Ingredients:
- Plain wheat flour.
- Bread.
- Margarine.
- Tomatoes.
- Onions.
- Eggs/sausages.
- Oranges/pineapples.
- Tea leaves/cocoa.
- Milk.
- Sugar.