

441/3
HOMESCIENCE
PAPER 3
PRACTICAL
(FOOD AND NUTRITION)
JULY / AUGUST 2013
TIME: 1 ¼ HOURS

NANDI CENTRAL DISTRICT JOINT MOCK 2013

Kenya Certificate of Secondary Education (K.C.S.E.)
HOMESCIENCE
PAPER 3
TIME: 1 ¾ HOURS

INSTRUCTIONS TO CANDIDATES

PLANNING SESSION: 30 MINUTES
PRACTICAL SESSION: 1 ¾ HOURS

1. Read the Test carefully.
2. Write your Name and Index number on every sheet of paper used.
3. Text books and recipes may be used during the planning session as reference materials.
4. You will be expected to keep to your order of work during practical session.
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session.
7. You are expected to keep to your order of work during practicals.

THE TEST

1. Your friend travelled overnight from Nairobi. Using ALL the ingredients listed below, prepare and serve breakfast for the two of you including a refreshing drink.

Ingredients

Plain wheat flour

Salt

Cooking fat / oil

Mango / pineapples / pawpaw

Tea leaves

Egg

Sausage / Bacon / Ham

Sugar

Margarine

Milk

Bread

PLANNING SESSION: 30 MINUTES

For each task listed below, use separate pieces of paper and make duplicate copies using carbon paper then proceed as follows:-

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of the food stuffs and equipment you will require.