

Name..... Index No:.....

101/2

Candidate's Signature .....

ENGLISH

Date: .....

PAPER 2

(COMPREHENSION, LITERARY APPRECIATION AND GRAMMAR)

JULY/AUGUST 2014

TIME: 2 ½ HOURS

## HOMA-BAY SUB-COUNTY JOINT EVALUATION EXAM

*Kenya Certificate of Secondary Education (K.C.S.E.)*

101/2

English

Paper 2

2 ½ Hours

### INSTRUCTIONS TO CANDIDATES

- Write your name and index number in the spaces provided above.
- Sign and write date of examination in the spaces provided above.
- Answer **ALL** questions in this question paper..
- All your answer must be written in the spaces provided on the question paper

### FOR EXAMINERS USE ONLY

Question	Maximum Score	Candidate's score
1	20	
2	25	
3	20	
4	15	
TOATL SCORE		

*This paper consists of 8 printed pages. Candidates should check to ascertain that all pages are printed as indicated and that no questions are missing.*

1. **Read the passage below and then answer the questions that follow**

You may think that expecting food to change your life is too much to ask. But have you considered that eating the right food at the right time will increase your energy, help you manage weight and ward off major illnesses?

Researchers have found that eating a meal with plenty of protein leaves you feeling more satisfied for longer when compared to a meal loaded with low-quality carbohydrates. Your body takes longer to digest protein, leading to a gradual increase in blood sugar. The high-protein breakfast will therefore carry you through the morning and, more importantly, through your tea break. Many high carbohydrate meals are absorbed quickly and send blood sugar on a roller coaster ride, taking your appetite with it depleting your energy.

Many foods contain antioxidants, but fruits and vegetables may be the richest source. Behaving like chemical warriors, antioxidants neutralise molecules known as free radicals before they damage arteries and body cells. This protects you from heart diseases, high blood pressure, cancer and diabetes. You can now see why antioxidant foods should be consumed in generous portions

Actually, forget pills-antioxidants work best when consumed in foods. In fact, nutritionists recommend that we eat five portions of fruits and vegetables a day. Its less **daunting** than it sounds: a portion equals a piece of fruit, three tablespoons of cooked vegetables or a glass of fresh juice. And do you desire to relieve yourself of some **baggage**? Calcium is the latest weight loss star to appear on the scene. Scientists stumbled on its magic by accident. From a study that measured the blood pressure of obese people, it was discovered that those who took one large tub of yoghurt a day in their diet lost an average of eleven pounds of body fat in one year, even though they did not eat less.

A follow –up study found that people on a high –calcium diet lost more weight and fat than did people on low calcium diet-and a gain, both consumed the same number of calories. Researchers believe calcium encourages fat cells to stop “getting fatter”. Instead, the cells burn extra fat without you having to go anywhere near a gymnasium.

It probably sounds strange to say that you can eat more in order to lose weight. Obviously, the question you should ask immediately is, “Eat more of what? We are talking about foods rich in fibre. They have what is referred to as low-energy density; that translates to few calories relative to weight. This means that you can **down a mountain** without fear of calorie overload

Fibre also aids weight loss because its filling. Most high –fibre foods take a lot of chewing, triggering your body’s fullness sensors. Moreover, you absorb the food more slowly so you feel full longer.

Will the wonders of food ever cease? Not if researchers in nutrition keep up their pace. Let them keep the good news flowing-such as the fact that we don't have to starve ourselves to lose weight and keep diseases at a bay

(Adapted from Reader's Digest, January 2004)

(a) From information given in the first paragraph, how can you improve your life? (1mk)

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.....

(b) In not more than 35 words, summarize the effects of eating carbohydrates (4mks)

**Rough Copy**

.....

.....

.....

.....

**Fair copy**

.....

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.....

(c) Explain how free radicals contribute to the occurrence of high blood pressure and cancer (2mks)

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.....

(d) In what **two** forms can antioxidants be consumed? (2mks)

.....

.....

(e) "In fact, nutritionists recommend that we eat five portions of fruit and vegetable a day."

Rewrite the sentence above as a question without changing the meaning, beginning: Don't...

(1mk)

.....

.....

(f) What is the attitude of the author towards Calcium as a weight -cutting measure? (3mks)

.....

.....

.....

(g) According to the passage, how can you use up excess fat? (2mks)

.....  
.....

(h) Identify of an instance of irony in the passage.

.....  
.....

(i) Explain the meaning of the following expressions as used in the passage (3mks)

Daunting

.....

Baggage

.....

Down a mountain

.....

2. ***Read the excerpt below and then answer the questions that follow***

IN THE 'BOX' THE WOMENS HALL OF residence, no one was consulted before being assigned a room mate and one could end up with a real creep. In the first year, there was one room to be shared between two people. In the second and third years, one moved into a semi-divided room which guaranteed at least some privacy. Vera was lucky in the room-mate she drew in her second year. She was a commerce student called Mary-Anne Ngugi- a nice human being by any standards. She had a boyfriend whose name was Mathew Saisi who was studying Design. He was very friendly and had in fact hit it off with Tommy very well. Their shared room was therefore like an Island in the midst of the tumultuous sea that was the 'Box'. Mary-Anne was a Nairobiian whose parents lived in Buru Buru. Being an only daughter in a family of six, her parents treated her like something special and constantly brought her food from home. Most of this found its way to Vera, whom Mary-Anne treated like the sister she had never had. Vera had maintained enviably slim. So when Vera came in that night weeping, Mary-Anne was very solicitous of her. She put her in bed and just held her arms until she calmed down, then she made a cup of cocoa just the way Vera liked it-dark brown and sweet, with no milk.

"Want to talk?"

"Tommy and I broke up today. Then I went to look for my sister- I felt so lonely."

"A sister?"

"Yes, my twin sister."

"You have a sister in this town?"

"Yes!"

"How come she never comes to see you?"

“Are you going to listen!”

“Sorry, I was surprised, that’s all. You broke up with Tommy!” The expression on her face was so comical that Vera just laughed.

“I might as well let you tell the story Mary-Anne.”

“Sorry, but you can’t throw such shockers my way and expect me to think sensibly. Please tell me.”

“What was his crime?”

“Nothing. It’s got nothing to do with him at all. I just did not feel right about it, that’s all”. I just did not feel right about it, that’s all.”

“There are many questions I could and should ask, but I will ask only one-how did he take it”

“You know Tommy, he tried to take it with good humour and then suddenly he couldn’t take any more and he left.”

“Do you realize that you might live to regret this? Boys like Tommy simply don’t grow off trees you know. Some girl is going to snap him up faster than fast. All the same it is not for me to censure you-an adult woman. Think it; you may see things differently tomorrow. Tell me about your sister. Your twin sister, if you please!”

#### Questions

(a) Who is the twin sister referred to here? (2mks)

.....  
.....

(b) State what happens immediately before and after this extract

(i) Before (2mks)

.....

(ii) After (2mks)

.....

(c) Describe the events that led to Vera and Tommy’s break up (3mks)

.....  
.....

(d) Identify any two styles in the excerpt (4mks)

.....  
.....  
.....  
.....

(e) “You have a sister in this town” Rewrite this question adding a question tag (1mk)

.....  
.....

(f) Describe the character of Vera and Mary-Anne Ngugi as portrayed in this excerpt (4mks)

(i) Vera

.....

.....

(ii) Mary-Anne

.....

.....

(g) Vera's twin sister had left home unceremoniously. From elsewhere in the novel state what necessitates the sisters departure from home (4mks)

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.....

.....

(h) Explain the meaning of the following words as used in the excerpt (3mks)

(i) Creep

.....

(ii) Solicitous

.....

(iii) Censure

.....

3. ***Read the poem below and then answer the question that follow***

**LOVE**

Love is madness

Hard brutal madness

Love is fire

Hat blazing

Love is a chameleon

A camouflaged dangerous Chameleon

Hot fiery love

I beg you

Put out your blazing flame

Because I desire to feel you

Please change your stance

Before the fire of my youth

Is quenched

*From: The African Saga*

Susan N. Kigali

(a) Explain in your own words what the poem says about love (4mks)

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.....

.....

.....

(b) Identify and explain the images used to describe love (4mks)

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.....

(c) What effect does the persona create by addressing (apostrophizing) Love directly? (3mks)

.....

.....

.....

(d) Explain the Irony in the last stanza (3mks)

.....

.....

.....

(e) Comment on the tone of the poem (2mks)

.....

.....

(f) Explain the meaning of the following words as used in the poem (4mks)

(i) Brutal

.....

(ii) Camouflaged

.....

(iii) Desire

.....

(iv) Quenched

.....

4. Grammar (15 mks)

(a) Fill in the gaps in the sentences below by choosing the appropriate form of the verb in brackets

(i) Surely \_\_\_\_\_ that we are winning in this (agrees, agree)

(ii) Her cousin \_\_\_\_\_ the guests in the evening (will entertained, will entertain, will entertaining)

(iii) Joe \_\_\_\_\_ with twenty bags of cement but he had no receipts to show (came, come)

(b) Rewrite the following sentences according to the instructions after each (3mks)

(i) Situma is not as handsome as Wycliffe (Rewrite using than)

.....

(ii) But for my daughter's prompt action, I would be dead by now

(Begin: Had it...)

.....

(iii) Some doctors think both rest and medicine are equally effective in sorting depression

(Rewrite using.....as.....as medicines)

(c) Fill in the blank spaces with the correct preposition (3mks)

(i) She is indebted \_\_\_\_\_ them for the assistance they gave when she was unwell

(ii) My Cousin came over to congratulate me \_\_\_\_\_ my graduation

(iii) The Prisoners of war were deprived \_\_\_\_\_ their freedom for seven years

(d) Replace the underlined words with the correct phrasal verb formed from the words in brackets (3mks)

(i) The class teacher entered the classroom and caught us making noise (burst)

.....

(ii) His mother looked at him angrily, turned and left (storm)

.....

(iii) After the attack, she discovered that the thugs had escaped with her expensive watch (make)

.....

(e) Use the correct form of the words given in brackets to fill in the gap in each sentence (3mks)

(i) The \_\_\_\_\_ of the right of expression is a violation of human right (deny)

(ii) Saving the child from burning house was a \_\_\_\_\_ act (hero)

(iii) They were asked to \_\_\_\_\_ the alarm (active)