

NAME:.....

INDEX NO.....

SCHOOL:.....

CANDIDATE'S SIGN

DATE

441/3

HOME SCIENCE(FOOD AND NUTRITION)

Paper 3

(PRACTICAL)

Oct/Nov - 2013

Time: 1 ¾ HOURS

KISII SOUTH DISTRICT JOINT EVALUATION TEST-2014

Kenya Certificate of Secondary Education (KCSE)

441/3

HOME SCIENCE(FOOD AND NUTRITION)

Paper 3

(PRACTICAL)

Oct/Nov - 2013

Time: 1 ¾ HOURS

PLANNING SESSION: 30 MINUTES

PRACTICAL TEST SESSION: 1 ¾ HOURS

INSTRUCTIONS TO CANDIDATES

1. Read the test carefully.
2. Write your name and Index number on every sheet of paper used.
3. Text books and recipes may be used during the planning session as reference materials.
4. You will be expected to keep to your order of work during the practical session.
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session.

This paper consists of 2 printed pages.

Candidates should check the question paper to ensure that all pages are printed as indicated and no questions are missing.

THE TEST.

The B.O.G chairman has visited the school and you have been put in charge of his lunch.

Using all the ingredients listed below, prepare, cook and present a meal for him and the principal of the school.

Ingredients.

1. Rice/ wheat flour/ ugali flour
2. Beef/ chicken/ fish
3. Vegetables in season
4. Pineapples
5. Sweet Bananas
6. Lemon
7. Mellon
8. Sugar
9. Tomatoes
10. Salt
11. Oil/ fat
12. Onions
13. Seasoning (Roiko, mixed spice e.t.c)

1. Identify the dishes and write down the recipe.
2. Write down your order of work.
3. Make a list of the food stuff and equipment you will require.