

441/3

HOME SCIENCE (FOODS AND NUTRITION)

Paper 3

PRACTICAL

2015

1¾ hours

**MAKUENI COUNTY KCSE 2015 PREPARATORY EXAMINATION**

**Kenya Certificate of Secondary Education**

**HOME SCIENCE (FOODS AND NUTRITION)**

**Paper 3**

**PRACTICAL**

**1¾ hours**

**Instructions to candidates**

PLANNING SESSION: 30 minutes

PRACTICAL TEST SESSION: 1¾ hours

1. *Read the test carefully.*
2. *Write your name and index number on every sheet of paper used.*
3. *Text books and recipes may be used during the planning session as reference materials.*
4. *You will be expected to keep to your order of work during the practical session.*
5. *You are only allowed to take away your reference materials at the end of the planning session.*
6. *You are not allowed to bring additional notes to the practical session.*
7. *These instructions are on 2 printed pages.*
8. *Candidates should check the question paper to ascertain that both pages are printed as indicated and that no questions are missing.*

*Sponsored by H.E. Prof. Kivutha Kibwana, Governor, Makueni County.*

TURN OVER

**THE TEST**

Your cousin is coming to visit you on Saturday for supper. Plan, prepare and present a one-dish meal and a dessert for the two of you using the ingredients listed below.

**Ingredients**

Potatoes (Irish)

Beef

Green bananas

Carrots

Tomatoes

Onions

Salt

Fat/Oil

Parsley/Capsicum

Fruits in season

Sugar

Lemon

**PLANNING SESSION (30 Minutes)**

Use a separate sheet of paper for each task listed below and a carbon paper to make duplicate copies then proceed as follows:

1. Identify the dishes and write their recipes.
2. Write down your order of work.
3. Make a list of the foodstuffs and equipment you will require.