**441/3**

**HOME SCIENCE**

**PAPER 3**

**(Food and Nutrition)**

**Practical**

**March/April 2015**

**Time: 1¾ Hours**

**MOKASA JOINT EVALUATION EXAMINATION**

 **K.C.S.E TRIAL EXAMINATION**

441/3

**HOME SCIENCE**

PAPER 2

(Food and Nutrition)

Practical

March/April 2015

Time: 1¾ Hours

**PLANNING SESSION**: 30 minutes

**PRACTICAL TEST SESSION**: 1 ¼ Hours

**Instructions to Candidates**

1. *Read the test carefully.*
2. ***No extra stationery is provided****.*
3. *You are expected to use pages of the question paper as stationery for your work*
4. *Tear the pages along the dotted lines as shown.*
5. *Text books and recipes may be used during the planning session as reference materials*
6. *You will be expected to keep to your order of work during the practical session.*
7. *You are only allowed to take away your reference materials at the end of the planning session.*
8. *You are not allowed to bring additional notes to the practical session.*

**THE TEST**

You have invited two of your friends for a lunch picnic. Using the ingredients listed below, prepare cook and pack a suitable one course meal for the three of you. Include a refreshing drink.

**Ingredients.**

Plain wheat flour/irish potatoes

Onions

Tomatoes

Carrots

Cabbage

Fish/chicken

Salt

Capsicum

Sugar

Fruits in season

Oil/cooking fat

Spices

**PLANNING SESSION – 30 MINUTES**

For each task listed below use separate sheets of paper and carbon paper to make duplicate copies then proceed as follows:

1. Identify the dishes and write their recipes
2. Write your order of work.
3. Make a list of the foodstuff and equipment you will require.

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**441/3**

**HOME SCIENCE (FOOD AND NUTRITION)**

**PAPER 3**

**MOKASA**

**MARKING SCHEME**

**March/April 2015**

**MOKASA JOINT EVALUATION EXAMINATION**

 **K.C.S.E TRIAL EXAMINATION**

441/3

**HOME SCIENCE**

**FOOD AND NUTRITION**

**Paper 3**

**MARKING SCHEME**

**(CONFIDENTIAL)**

Candidate’s Name: ……………………………………………………………… Index No. ………………..

Subject Teachers Name: …………………………………………………………………………..

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **AREAS OF ASSESSMENT** | **MAX SCORE** | **ACTUAL SCORE** | **REMARKS** |
| 1 | PLAN |  |  |  |
|  | * Recipe
* Available
* Correct quantities
* Appropriate choice

Order of work* Available
* Proper sequencing
* Dove tailing

List of food stuffs & equipment* Available
* Adequate
* appropriate
 | 122121111 |  |  |
|  |  | 12 |  |  |
| 2 | PREPARATION |  |  |  |
|  |  Correct procedure* Protein
* Carbohydrates
* Vegetable
* Refreshing drink

Methods of cooking (at least 2)Quality of results* Protein
* Carbohydrates
* Vegetable
* Refreshing drink
 | 3½3½3321111 |  |  |
|  |  | 19 |  |  |
| 3 | PACKING  |  |  |  |
|  | * Utensils
* Appropriate
* Clean
* Salt(½) Drinking water (½) Serviette(½) tooth pick(1) carrot stick(½)
* Hamber/suitable carrier (bag/basket)
* General impression
 | 62211 |  |  |
|  |  | 12 |  |  |
| 4 | ECONOMY OF RESOURCES |  |  |  |
|  | * Water
* Food
* Fuel
* Materials
 | ½½½½ |  |  |
|  |  | 2 |  |  |
| 5 | HYGIENE |  |  |  |
|  | * Food
* Kitchen
* personal
 | 111 |  |  |
|  |  | 3 |  |  |
| 6 | CLEANING UP |  |  |  |
|  | * Drinking water
* After work
 | 11 |  |  |
|  |  | 2 |  |  |
|  |  **TOTAL** | **50 ÷ 2** | **25** |  |