

441/3

HOMESCIENCE

FOODS AND NUTRITION

PAPER 3

JULY/AUGUST - 2014

TIME: 1 ¼ HOURS

MERU COUNTY JOINT EVALUATION EXAM - 2014

Kenya Certificate of Secondary Examination K.C.S.E

441/3

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PAPER 3

JULY/AUGUST - 2014

TIME: 1 ¼ HOURS

PLANNING SESSION: 30 Minutes

PRACTICAL SESSION: 1hr 15minutes

INSTRUCTIONS TO CANDIDATES

- a) Read the test carefully
- b) Write your Name and Index number on every sheet of paper used.
- c) Text book and recipes may be used during planning sessions as reference materials.
- d) You are only allowed to take away your reference materials at the end of planning session.
- e) You are not allowed to bring additional notes for the practical session.

This paper consists of 2 printed pages.

*Candidates must check to ascertain that all pages are printed as indicated
and that no question(s) is/are missing.*

THE TEST

You have invited a friend to visit you during your half-term holiday.

Prepare, cook and serve a one course meal for you and your friend.

Include a refreshing drink

Ingredients

Fruits in season

Beef / Ndegu / beans

Leafy vegetables

Rice, maize meal / potatoes

Fat / oil

Salt

Sugar

Onion

Dhania

Tomatoes

Carrots

Seasoning

PLANNING SESSION: 30 Minutes

For each task listed below, use separate sheet of paper and make duplicate copies using carbon paper, then proceed as follows:

1. Identify the dish and write down the recipe.
2. Write down your order of work.
3. Make a list of the foodstuff and equipment you will require.