

441/3
HOMESCIENCE
(FOOD AND NUTRITION)
PAPER 3
JULY /AUGUST - 2014
TIME: 1 $\frac{3}{4}$ HOURS

MIGORI -SUB-COUNTYJOINT EVALUATION EXAM

Kenya Certificate of Secondary Education (K.C.S.E.)

HOMESCIENCE
(FOOD AND NUTRITION)
PAPER 3
Time: 1 $\frac{3}{4}$ Hours

INSTRUCTIONS TO CANDIDATES

PLANNING SESSION: 30Minutes
PRATICAL TEST SESSION: 1 $\frac{3}{4}$ Hours

INSTRUCTIONS TO CANDIDATES

- Read the test carefully
- Write your name and Index number on every sheet of paper used.
- Textbooks and recipes may be used during the planning session as reference materials.
- You will be expected to keep to your order of work during the practical session.
- You are not allowed to bring additional notes to the practical session.

This paper consists of 2 printed pages. Candidates should check to ascertain that all pages are printed as indicated and that no questions are missing.

THE TEST

A friend has visited you over the weekend for an overnight stay. Using the previously boiled leftover food and the ingredients listed below, prepare, cook and present a suitable two course supper for the two of you.

INGREDIENTS:

- Left over boiled beef/Chicken/green grams
- Vegetable in season
- Fat/oil
- Fruit in season
- Salt
- Onion
- Maize flour/rice
- Tomatoes
- Spices
- Carrots
- Coriander
- Capsicum
- Sugar

PLANNING SESSION :30 MINUTES

For each of the task listed below, use separate pieces of paper and make duplicate copies using carbon papers then proceed as follows.

1. Identify the dishes and write the recipes
2. Write your order of work.
3. Make a list of the foodstuff and equipment you will require.