

2018

TRIAL 6

FORM THREE

*Kenya Certificate of Secondary Education ((K.C.S.E)*

FOOD AND NUTRITION

HOMESCIENCE PRACTICAL - 441/3

FORM THREE

Planning Session: 30 min

Practical: 1<sup>1</sup>/<sub>4</sub> hrs

**Instructions:**

1. Read the test carefully
2. Textbooks and recipes may be used during the planning session as reference materials

**THE TEST**

Your friend is visiting to spend a weekend with you. Use the items listed below to prepare, cook and serve breakfast for two. Include 2 dishes to accompany the beverage and fruit.

**Ingredients**

- Milk
- Tealeaves
- Sugar
- Bread
- Eggs
- Fruits in season
- Margarine

**Planning session: 30 min**

Use separate sheets of paper to make duplicating copies of the following.

1. Identify the dishes and write down their recipes
2. Write down your order of work
3. Make a list of foodstuffs and equipment you will require.