

NAME:.....CLASS:.....ADM NO:.....

HOME SCIENCE

FORM 3

PAPER 1

100MKS

INSTRUCTIONS

Answer all the questions in the spaces provided.

1. Give another name for the following vitamins. (2mks)
 - a. Vitamin K
 - b. Vitamin A
2. Suggest two ways in which malnutrition can be caused by ignorance. (2mks)
3. State the function of each of the following parts of the sewing machine. (2mks)
 - a. Feed dog
 - b. Stop motion screw.
4. Mention two items found in the homes that are frequently recycled. (2mks)
5. State three ways of controlling infections at home. (3mks)
6. Draw care labels to show the following. (2mks)

a. Do not bleach

b. Use a warm iron

7. List five signs of pregnancy.

(5mks)

8. Giving reasons in each case suggest three nutrients whose intake should be increased during pregnancy.

(6mks)

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9. Give three qualities of fruits used for making jam.

(3mks)

10. State two factors which determine the efficiency of a disinfectant. (2mks)

11. Give three precautions to take when using a charcoal iron. (3mks)

12. Give three reasons for decorating foods. (3mks)

13. Give three factors that determine the laundry process to be used. (3mks)

14. State three reasons for emptying pockets before washing clothes. (3mks)

15. Suggest two factors that make cotton fabrics most preferred for making hospital bed sheets. (2mks)

SECTION B

ANSWER ALL QUESTIONS.

16. You are preparing to go for along holidays from school. Describe how you would:

a. Clean your wooden locker.

(8mks)

b. Launder your blanket.

(12mks)

c. Wash your stainless steel spoon.

(7mks)

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