

NAME:.....CLASS:.....ADM NO:.....  
HOME SCIENCE  
TERM 1 2020 - FORM 4  
PAPER 1

100 MKS

INSTRUCTIONS

Answer all the questions in the spaces provided.

1. Give two reasons for blanching vegetables before freezing. (2mks)
2. List four flavouring used in cake making. (2mks)
3. Mention two methods used to coat foods before deep frying. (2mks)
4. Mention four methods used in steaming food. (2mks)
5. Outline two negative effects of bicarbonate of soda in flour mixtures. (2mks)
6. Give two reasons for using trimmings during garment construction. (2mks)
7. State two disadvantages when using knitted article. (2mks)

8. State two in which the term 'patch' can be applied in clothing constructions. (2mks)

9. Suggest two reasons why a knot should not be used while making handmade stitches. (2mks)

10. Outline two qualities of a good tracing wheel. (2mks)

11. Give two reasons why soaking is necessary for cotton and not for woolen fabric. (2mks)

12. State two ways of conserving electricity consumption when lighting a home. (2mks)

13. Define the following terms: (3mks)

i. Hoe

ii. Tone

iii. Tint

14. List two categories of plastics. (1mk)

15. Give two reasons why expectant mother should know her HIV status. (2mks)

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16. Give two reasons why vitreous enamel finish is used on cookers. (2mks)

17. Give two reasons why weaning should be a gradual process. (2mks)

18. Define the term 'Pre- natal care". (1mk)

19. Mention two factors that may influence consumers to buy second hand clothes. (2mks)

20. Define the following terms: (3mks)

i. Consumer protection

ii. Resources

iii. Inflation

**SECTION C (20MKS)**

**ANSWER QUESTION 21 IN THE SPACES PROVIDED.**

21. Your grandmother is visiting you for a weekend .

a. Describe how you would thorough clean a hurricane lamp for her use. (12mks)

b. Explain how you would wash her nylon nightdress. (5mks)

**SECTION C**

**ANSWER ANY TWO QUESTIONS IN THIS SECTION IN THE SPACES PROVIDED.**

22. Explain five ways that facilitate quick healing of a sick person. (10mks)

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b. Identify four qualities of a well made permanent stitch. (4mks)

c. List six methods of controlling fullness in garment construction. (6mks)

23. Discuss four reasons why teenage girls suffer from anorexia. (4mks)

b. Explain the following terms used in home science. (6mks)

i. Vegans

ii. Garnishes

iv. Desserts

c. Explain five hygienic practices that should be observed by people handling food during preparation and cooking. (10mks)

24. Give reasons for the following activities during house cleaning. (5mks)

i. Sweeping with long, low strokes

- ii. Keeping the head of the brooms on the floor.
- iii. Washing the painted wall from down upwards.
- iv. Overlapping sections during scrubbing.
- v. Buffing up.

b. Explain five uses of a fan in a room. (5mks)

c. Suggest five tests carried out on the expectant mother's blood at the antenatal clinic. (5mks)

d. Explain five reasons why a family should make budget. (5mks)

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