**NAME……………………………………..CLASS…………………ADM…….**

**HOMESCIENCE**

**END TERM EXAM**

**FORM 4**

**PAPER 1**

1. Give two uses of starch in laundry work. (2mks)
2. State three points on choice of good ironing surfaces (3mks).
3. Give two dangers of poor sanitation (2mks)
4. Give two ways in which snake bites can be prevented. (2mks)
5. State two points on importance of child immunization (2mks).
6. Give two advantages of using electricity as a source of fuel. (2mks)
7. Define ante-natal care. (1mk)
8. State three general rules to be followed when repairing clothes. (3mks).
9. Suggest two desirable qualities that make polyester a suitable fabric for soft furnishing (3mks)
10. Give two ways in which kales may be stored in the absence of a refrigerator for at least one day. (6mks)
11. State two uses of vinegar in laundry work. (2mks).
12. List four traditional methods of preserving food. (2mks).
13. Giving examples, state three reasons for using soft furnishing. (3mks)
14. Give two examples of a west-made cuff. (2mks)
15. Give two reasons why it is important to dry white clothes outdoor in the sun. (2mks).
16. List three examples of decorative stitches (3mks)
17. Give one reason why clothes should be folded before storage. (1mk)

**SECTION B: COMPLSORY (20MKS)**

1. Your parents are away and you have been left in charge of the home, using knowledge and skills learnt in home science,
2. Explain how you would launder your mother’s viscose rayon dress. (10mks)
3. Describe how you would clean your younger sister’s leather shoes.

**SECTION C (40 MARKS)**

**Answer any two questions in this section**

1. Mention five nutritional disorders that are associated with lifestyle. For each disorder mention and give points on how to manage it. (10 mks)
2. **Gout –**
3. **Obesity-**
4. **Hypertension –**
5. **Anorexia nervosa**
6. **Diabetes**
7. State and explain five points to be considered in planning and preparing meals for manuals worker. (10mks)
8. **a)** Discuss four disadvantages of supplementary feeding. (10mks)

b) Give five examples of conditions at home that may interfere with a mother’s lactating ability. (5mks)

C) State five reasons why it is advisable for women to deliver in the hospital. (5mks)

1. a) Explain five advantages of using convenieve foods. (10mks)

b) Give three points on storage of reheated foods. (3mks)

c) Mention seven things to consider in the choice of soft furnishing. (7mks)