

BUNAMFAN CLUSTER EXAMINATION - 2022

Kenya Certificate of Secondary Education

441/3 – HOMESCIENCE – Paper 3

(FOOD AND NUTRITION)

June 2022

Name.....Adm No.....

Class..... Date.....

Time: 1 Hour 45 Minutes

PLANNING SESSION: 30 Minutes

PRACTICAL TEST SESSION: 1HR 15Min

INSTRUCTIONS TO CANDIDATES

1. Read the test carefully
2. Write your name and index number on every sheet of paper used
3. Text books and recipes may be used during planning sessions as reference materials
4. You will be expected to keep to your order of during the practical session
5. You are only allowed to take your reference materials at the end of the planning session
6. You are not allowed to bring additional notes to the practical session

THE TEST

Your classmate will be coming to spend the night at your place over the weekend. Using the ingredients listed below, prepare, cook and serve a one course meal for both of you. Include a refreshing drink.

Ingredients

- Green grams/ chicken / liver / beans
- Tomatoes
- Carrots
- Fruits in season
- Red / yellow /green pepper
- Arrow roots / wheat flour / green bananas
- Fat/oil
- Sugar
- Onion
- Salt
- spices

Planning session

For each task listed below, use separate sheets of paper and make duplicate copies using carbon paper then proceed as follows:

1. Identify the dishes and write down the recipes
2. Make a list of equipment and materials you will require
3. Write down your order of work.